

— WELLNESS PROGRAMS • INFORMATION PACK

Mindful fun that helps *children* *thrive.*

Gentle, animal-assisted wellness experiences for early learning, OSHC and school communities. Fully managed, thoughtfully compliant, and built around how children actually feel.

EARLY LEARNING • OSHC • EDUCATION

private.bookings@karmably.com.au

80+

We've partnered with 80+ education providers across Australia.



— OUR STORY

We exist to bring the best out of every child we meet.

Karmably believes that nourishing the relationship between animals and children connects them with their highest potential: building calmer, kinder, more compassionate classrooms. Every session is safe, structured, and genuinely joyful.

It's a simple idea with a real effect: when children slow down, feel safe and connect, they're better able to learn, play and look after one another.



— WHAT WE VALUE

01 Compassion for all beings	02 We see the best in others	03 Respect for diversity in every form
04 Mental health & social contribution	05 A belief that human potential is infinite	06 Giving back to charitable organisations

— WHY IT WORKS

30%

fewer signs of stress and anxiety in children during animal-assisted sessions.

Research shows animal-assisted interactions in education and OSHC settings can reduce stress and anxiety in children by up to 30% — helping them feel calmer, more emotionally regulated, and better able to engage in learning and social interaction.

01 Calmer & regulated

Gentle contact and guided breath help children settle their nervous systems and self-soothe.

02 Ready to learn

Lower stress means better focus, attention and engagement when children return to class.

03 Confident & connected

Inclusive, playful activities build confidence and strengthen social bonds between children.

04 Emotionally aware

Children practise naming and managing their feelings in a safe, supported environment.

TRUSTED BY LEADING UNIVERSITIES, SCHOOLS & EARLY-LEARNING CENTRES



— OUTCOMES

Premium delivery, every single time.

What partnering with Karmably means for your centre or school — beyond a wonderful day for the children.

01**Quality first**

Premium delivery and beautiful, considered presentation at every event.

02**Personal customer service**

Attentive, warm and memorable — from your first enquiry to the final pack-away.

03**Reliability you can plan around**

We arrive on time and fully prepared, every single time.

04**Relationships for the long term**

We partner with you for the long run, not just a single booking.

05**Compliance handled for you**

Blue cards, risk assessments and animal welfare policies in place and available on request.

Our goal

*To become a staple of practical wellbeing in early learning, OSHC and schools — the trusted experience educators **reach for and return to**, term after term.*

— WELLNESS PROGRAMS

Movement, calm & connection — your way.

Each program runs on its own, or combine all three children's sessions into a full Wellness Day.



45-50 MIN

Pats & Play

A supervised, animal-assisted experience where children meet friendly puppies or goats in a calm, safe space — encouraging connection, joy and gentle emotional regulation.

- Certified animal handler
- White-fenced animal area
- Sanitiser & cleaning station



45 MIN

Kids Yoga

A playful, inclusive session that helps children move, build confidence and learn simple tools to calm their minds through movement, breath and imagination.

- Certified yoga instructor
- Yoga mats + pillows
- Affirmation cards to keep



50 MIN

Animal Yoga

Gentle, guided yoga paired with the calming presence of puppies or goats — children stretch and breathe in a relaxed setting that supports focus and regulation.

- 9-10 puppies or goats
- Certified instructor + handler
- Event manager + floor crew



2 x 35 MIN / 1 HR

PT Pump

A fun, high-energy group session that gets bodies moving — simple bodyweight exercises build strength, coordination and teamwork, inclusive of every fitness level.

- Certified PT instructor
- PA system + mic
- Co-facilitator for 21+ children

— SIGNATURE EXPERIENCE

The Wellness Day.

Our flagship rotation program keeps every child engaged, supported and energised. Across 1.5 hours, children move through three 45-minute stations: balancing high-energy play with calm and connection.

01 PT Session

Age-appropriate movement for confidence, coordination and energy

02 Kids Yoga

Gentle movement and breath for calm and focus

03 Pats & Play

Supervised animal time for joy and stress relief

50–100

CHILDREN

1.5 hrs

TOTAL DURATION

3

ROTATING STATIONS



Why it works so well

- Variety and movement keep children engaged
- Welcomes even reluctant participants
- Balances body, mind and connection
- Supports every energy level and mood
- Structure reduces overwhelm
- No long waits or overstimulation

— CADENCE

Making an impact at scale.

With our current team and supplier network, we run a high number of quality events every day across South East Queensland and Victoria.

9–10

EVENTS PER DAY, NOW

Delivered by dedicated Event Managers and crews based in each state.

Brisbane

3–4

EVENTS DAILY

Gold Coast

2

EVENTS DAILY

Sunshine Coast

2

EVENTS DAILY

Melbourne

2

EVENTS DAILY

We have **Event Managers and teams in each state**. We welcome recurring weekly and per-term bookings — and our capacity continues to grow as we expand.

— INVESTMENT

Simple, all-inclusive pricing.

10%

OFF · MONTHLY BOOKINGS

PROGRAM	DURATION	GROUP SIZE	FROM
Kids Yoga	45 min	10–35 children	\$275 \$385 for 21–35
PT Pump	45–50 min	10–35 children	\$450 \$650 for 21–35
Pats & Play	1–2 hours	Whole group	\$1,500 \$1,700 for 2 hrs
Animal Yoga	50 min	Up to 60 children	\$2,950 all-inclusive
The Wellness Day PT · Kids Yoga · Pats & Play	1.5 hours	50–100 children	\$3,450 all-inclusive

Add-ons. Groups over 60 children: +\$150 per additional floor crew member. White picket fencing on request: +\$900. All prices include facilitators, animals, equipment and full event management.

Prices in AUD · inc. GST

Partnering with educators to make wellness accessible & *unforgettable.*

Speak to the team about tailoring a program for your centre or school.

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